

FRACTIONAL CO2 LASER

Therapy for Treatment of Snoring



Has your sleeping partner ever told you that you snore or stop breathing while sleeping? Have you ever experienced daytime symptoms, such as difficulty concentrating focusing, irritability and headaches, and daytime drowsiness?

Obstructive Sleep Apnea (OSA) is a serious medical condition which leads to partial or complete obstruction of the airway during sleep. This disrupts the normal sleep cycle and can lead to reduced blood oxygen levels to the body and brain, as well as

Snoring is a result of the relaxed tissues of the soft palate and uvula narrowing the airway. In addition to soft tissue obstructing the airway during sleep, other factors for OSA may include lifestyle, diet, seasonal allergies, and other physical abnormalities (enlarged tonsils, deviated septum). These may further contribute to the incidence and severity of snoring.

Snoring may be a symptom of OSA, but not everyone who snores has OSA. Due to the fact that OSA is a medical disorder with serious potential health implications, all patients are advised to consult with their primary care physician or sleep specialist for a sleep study and diagnosis, prior to beginning treatment for snoring.



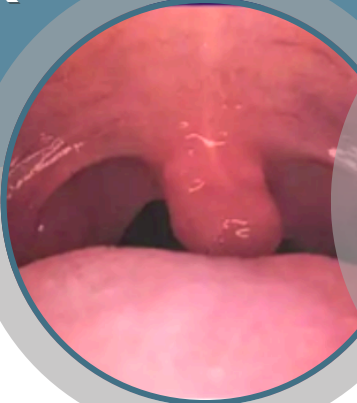
Schedule a consult today!
613-685-0559 info@hfdental.ca
www.homefrontdentalpetawawa.ca
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FRACTIONAL CO2 LASER

What Can I expect?

Before



5 Days After

Fractional CO2 laser therapy for snoring treats the soft palate, reducing collapsibility and tightening the tissue through a process of collagen re-modelling in the underlying tissue. This facilitates a visible tightening and elevation of the soft tissues. The result is an increase in airway volume and a corresponding reduction in the incidence and severity of snoring.

Potential outcomes can include:

- Reduced incidence and severity of snoring
- Improved blood oxygen levels
- Increased airway volume
- For those patients diagnosed with OSA, changes in their Apnea Hypnea Index (AHI)

Patients, who have been diagnosed with OSA, are advised to have a follow up sleep study after completing the series of fractional CO2 laser treatment(s) to confirm results.

Treatment Series will include: Initial Consult, Initial Treatment, 2 additional treatments within 21 days of initial treatment, and a Follow-up.



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